

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
09.30 11.00		VIJNANA Eveline & Marta All levels		THERAPEUTIC TENSEGRITY Marta All levels	VIJNANA VINYASA Eveline Levels 2/3 9.30 -12.00 July 3,10 & 17 group practice	10:30 12.00	VIJNANA VINYASA Eveline & Marta All levels	IYENGAR Gwen & Paula All levels Aug 9 no class
18.30 20.00	VIJNANA VINYASA Eveline & Marta All levels 18.00 19.30	VIJNANA Marta All levels	VIJNANA Eveline & Ada All levels	PREGNANCY Daniela			WORKSHOP Check the website	WORKSHOP Check the website
20.00 21.30	VIJNANA Eveline & Marta All levels	All levels = open for all Level 2/3 = intermediate						

Summer Schedule 2015 July 6 - Aug 9

Check: fr. July 3,10 & 17 group practice
sat. Aug 1 - tue. 4 City Retreat
sun. Aug 9 no class



www.samanayogacenter.nl

Check online for the last updates

Classes in Dutch and English

You're welcome 15 minutes in advance